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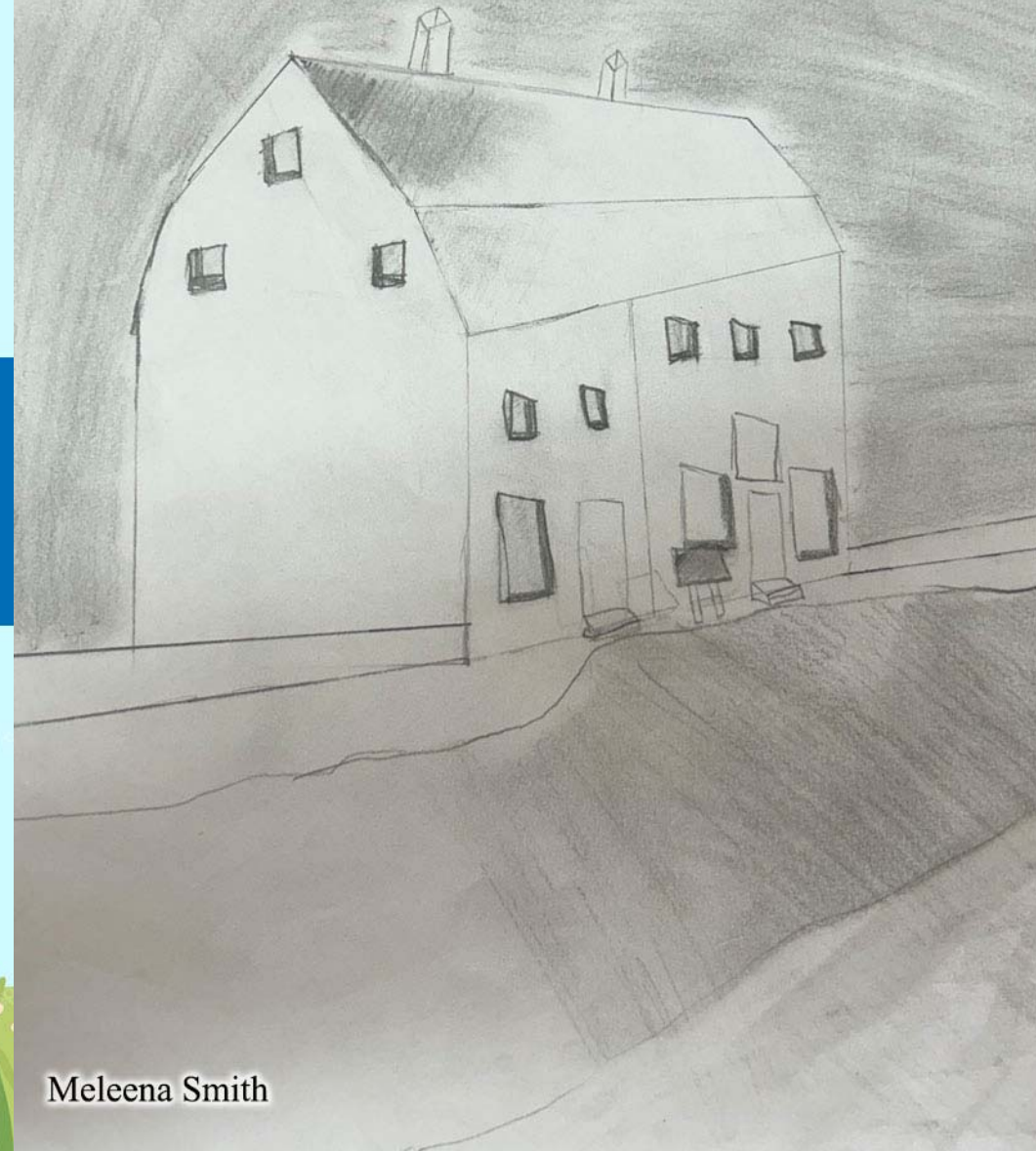
***Your Local Paper***

# Trinity Bight Enterprise

Issue #137

October 2024

A publication of Trinity Historical Society Inc.



Meleena Smith



## ***Fall Festival***

The Fall Festival will take place on Friday, October 4,  
Saturday, October 5 and Sunday, October 6.

Be sure to drop by each of the following businesses for your  
chance to win some great prizes and take advantage of discounts  
and sales offered! A great opportunity to get a start on your  
Christmas shopping!

Passports can be picked up at either of the participating  
locations listed below starting October 4! Be sure to visit each  
business location and get your stamp - when your passport has  
been completed, drop it off at your last stop to be included for a  
chance to win a great prize package!  
Draw will take place at 4pm on Sunday.

**Lester Garland House Gift Store 9:30-5:00**

15% off Everything (in-store only)

**Trinity Crafts 9:30-5:30**

Save the Tax

**Trinity Cabins 8:00 - 2:00**

**Aunt Sarah's 9:00-8:00 Friday & Saturday  
and 9:00-6:00 Sunday**

**Dock Marina Craft Store 10:00-5:00**

Save the Tax in the Craft Store

**Dock Marina Restaurant 11:30-7:30**

**Elizabeth Burry Studios "Pop Up Shops" 10:30 - 4:30**

Featuring; Bee Vintage Candles and  
Elizabeth Burry Design Jewelry



**Afternoon Tea and Sweets  
October 6th 1-4pm**

**Desserts, tea/coffee  
\$8 per person  
Preserves, baked goods, crafts  
Join us for a delicious afternoon!**

**Christ Church Congregation Port Rexton**

*Fall Dinner and Bake Sale  
Buffet cold plate with desserts, tea or coffee.*

Where: Port Rexton Lion's Hall

When: Thursday, October 24<sup>th</sup>, 2024

Time: Doors open at 5:30 p.m.

Dinner served at 6:00 p.m.

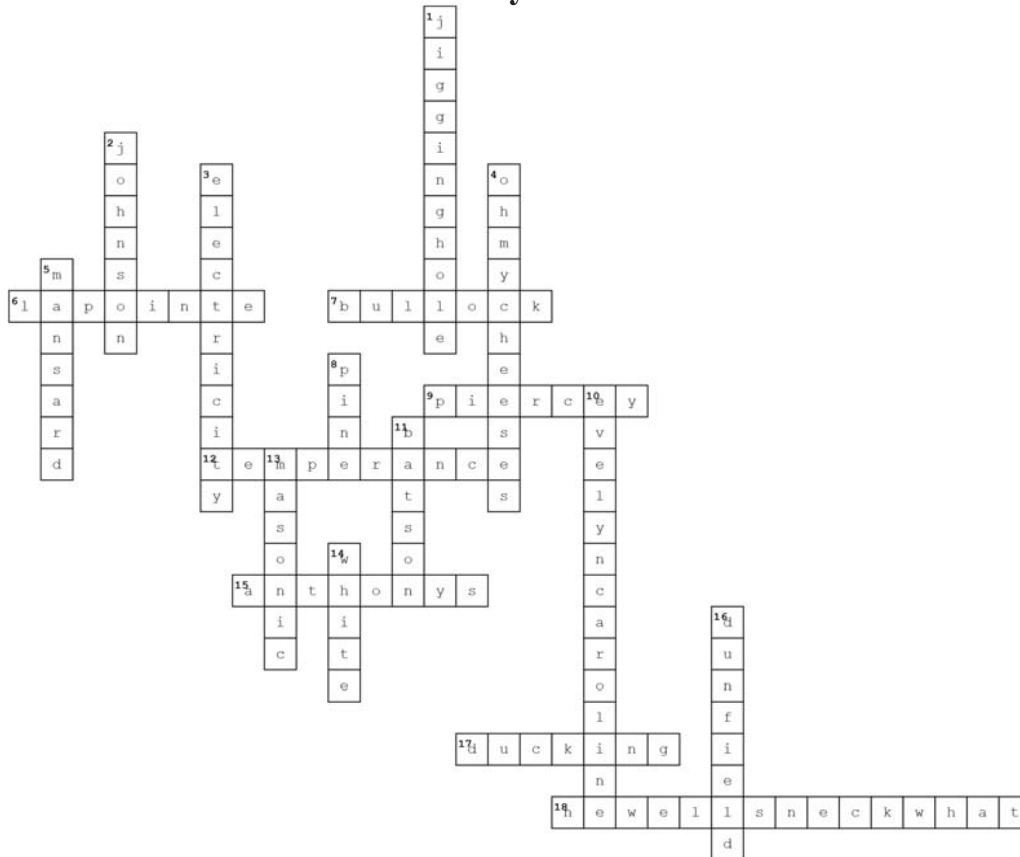
Cost: \$15.00



Cards following dinner with grocery prizes. Cost \$2.00

September 2023

Key



Across

6. The winner of the 2024 Trinity Loyal Ranger Award.
7. Who was the founder of the Trinity Benefit Club?
9. Owner of the shop near Robin Hood beach in the 60s?
12. The Sons of \_\_\_\_\_ organization was formed in Trinity in 1869?
15. \_\_\_\_\_ Island is the first island east of Ireland's Eye.
17. A \_\_\_\_\_ stool was used to punish women for criminal offences.
18. is the name of the point on the west side of the entrance to Gott's Cove?

Down

1. \_\_\_\_\_ is the next cove east of Sooley's Cove.
2. Who made the model of the first Trinity lighthouse for the THS auction?
3. What came to the bight in 1955?
4. The food at Port Rexton Brewery.
5. What is the roof style of the Erikson Premises building in Trinity?
8. The hills are clad with \_\_\_\_\_ in the Ode to Newfoundland.
10. Henry Vokey's last schooner.
11. Who operated the general store at the site of the Ericson Premises in the 1960s?
13. John Clinch was the first master of this Trinity lodge.
14. Who was the Anglican bishop born in Trinity?
16. Cuckold's Cove is found in the town of \_\_\_\_\_.



# Important Public Community Meeting

Join us on Tuesday, October 8 @ 7 PM

St. Paul's Anglican Church, Trinity

A discussion will take place regarding the future of the congregational needs of St. Paul's and the needed maintenance and repairs for these buildings. Please note Rt. Rev. John Watton, Bishop of Central Diocese of Newfoundland will be in attendance.

It is very important for everyone to attend!!





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## Trinity Historical Society

If you would like to place an ad in our November issue please contact [programming@trinityhistoricalsociety.com](mailto:programming@trinityhistoricalsociety.com) or call 464-3599. Deadline for the November issue is October 25th with a mailout scheduled for Friday, November 1st.

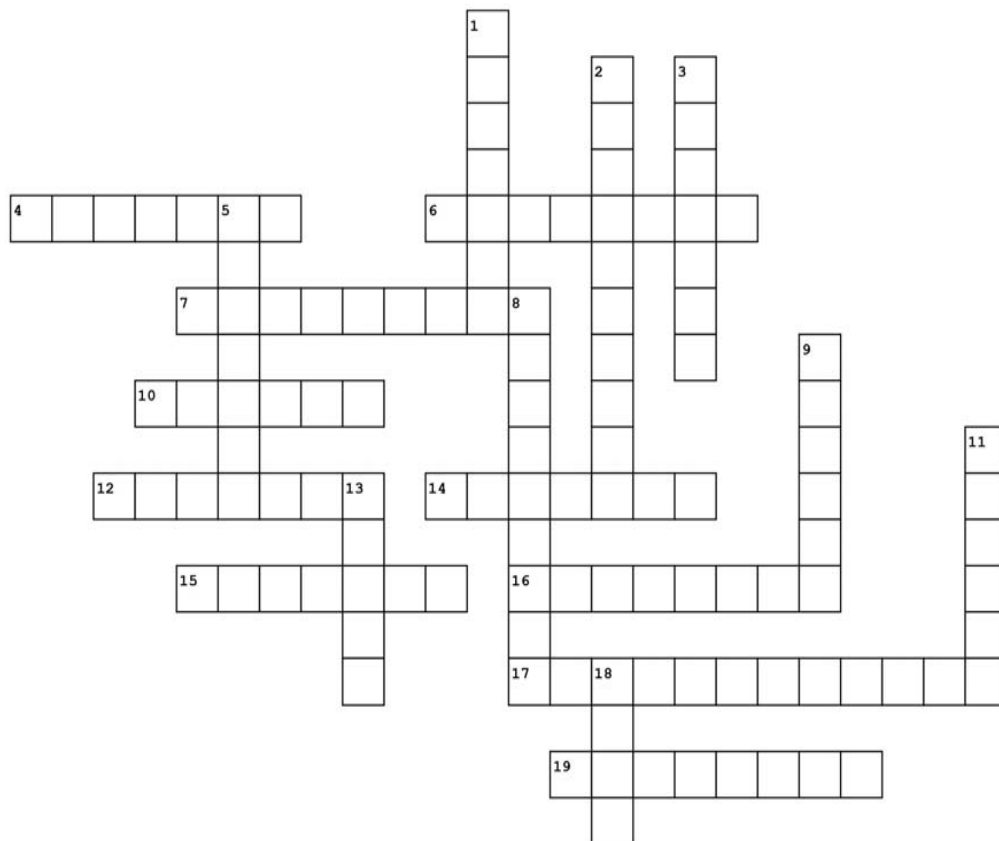
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## October 2024



### Across

- John Clinch's son in law who was a minister.
- He built the first church in Trinity.
- \_\_\_\_\_ Cove was located between Trouty and Bonaventure.
- \_\_\_\_\_ Island is near the entrance to Old Bonaventure.
- Small, dried, round cod are called rounders or \_\_\_\_\_.
- The new principal of Bishop White.
- Maiden name of a Trinity girl guide leader and poet.
- The most sheltered harbour on Ireland's Eye island.
- The architectural style of the Trinity courthouse.
- The name of the forward mast of a schooner.

### Down

- The rope used to hoist a sail.
- This Trinity East/Port Rexton brigade is more than 100 years old.
- A cylinder of wood to which an oar can be attached.
- Running over loose pans of sea ice.
- \_\_\_\_\_ Cove is northeast from Fort Point.
- A wooden pail used to bail out a boat.
- The \_\_\_\_\_ Lodge was located above St. Paul's School.
- \_\_\_\_\_ Cove is the next cove south of Devil's Cove in Port Rexton.
- He surveyed Trinity harbour in 1766.



## Guest Column by Karen Huys

Biodynamic agriculture, based on the work of Rudolph Steiner, teaches us that to grow, we must strive to understand the influences of the sun, moon, stars and planets, and align with the powers, forces and energies of the cosmos. It is a way of harvesting the wisdom of the ancients, and working in harmony with nature, to grow naturally, without the use of synthetic fertilizers, or chemicals of any kind. Generating what we need within the confines of our 'farm' and evolving the skills to grow food, empowers us to become providers, not consumers. We live more in courage and become less dependent on the big business that is driving up food prices and reducing the nutrient value of what we eat.

As Steiner says in his opening lecture on agriculture:

"...we shall never understand plant life unless we bear in mind that everything which happens on the Earth is but a reflection of what is taking place in the Cosmos."

By observing what is growing around us, and asking why, we learn that weeds are great teachers - for they bring to our soil what it lacks - whether that be nutrients, acidity, or pathways to make the soil less compacted. That dreaded stinging nettle we all love to hate is one of the most useful plants in biodynamic gardening and what grows near it thrives. Biodynamic gardening teaches us to make 'tea' with the variety of weeds in our garden, and then dilute it to water our garden. The tea then feeds the soil so that the weeds needn't grow - the tea nourishing the soil in their place. We can use different plants, many of which I have found growing all around here, to make concoctions that aid our crops and protect them from everything from insects to frost.

Through this process we come to appreciate and love what we once hated. We come to appreciate the diversity and abundance of our surroundings, and to harness the energies of the plants in our midst, whilst feeding our bodies, our souls and the earth.

Likewise, we learn that different crops grow better in the company of others and make good "companions" while other combinations have a negating effect, and should not be planted near one another. Because different crops require different nutrients to grow, and different acidity levels, we rotate crops each year, and apply organic amendments such as compost, at the right time. We learn to work in harmony with, and not against, nature.

People like Maria Thun, have invested a lifetime in putting these principles into practice, and as a result, we can use their knowledge to direct our energies in the garden to tasks that best align with what is happening with the planets and the moon.



### TO OUR VOLUNTEERS, SPONSORS AND SUPPORTERS THANK YOU!

Our thanks to over **100** runners and walkers, **30** volunteers, **35** sponsors and **100+** donors who helped make Fort to Forge 2024 such a success, and helped us raise significant funds again this year for the

**Trinity & Area Fire Department and Fort Point Lions Club.**

#### Special thanks to our volunteers:

Fort Point Lions Club, Trinity & Area Fire Department and the Firettes, course marshals, start and finish line officials, photographers, MC Donna Butt, musician Brian Hiscock and the F2F Organizing Committee.

**Save the date for next year: Saturday, September 27, 2025!**



## Trinity Historical Society

### *Copy and Printing Services*

For any of your copying, faxing, lamination and printing needs please contact us. Competitive rates. Please forward along by email to [info@trinityhistoricalsociety.com](mailto:info@trinityhistoricalsociety.com) or drop by the Lester-Garland House. Please call in advance to ensure that someone is at the office 709-464-3599.

**Fort Point Lions**

**will host**

**World Day of Service  
for Seniors!**



If you are 60 years or older,  
and reside in a community from  
**Trinity to Bonaventure**  
you and your partner  
are invited to a

**Cold Plate Supper  
and Card Game**

on

**Tuesday, October 22**

at the Lions Hall, Goose Cove.

Doors open at 5:30 p.m.  
Supper starts at 6:00

**To reserve your place, call  
Lion Katherine (464-7254) or  
Lion Rick (464-3707) by  
**Wednesday, October 16th.****

A **FREE** event, but we **ARE**  
requesting an **UNEXPIRED**  
non-perishable food item for  
the area Food Bank.

Anglican Diocese of  
Central Newfoundland  
Parish of Trinity – Port Rexton  
Service Schedule – October 6 -  
October 27, 2024

**October 6<sup>th</sup>**

Twentieth Sunday After Pentecost  
(Proper 27) (Green)

**11:00 A.M.** Church Of The Good Shepherd  
(Dunfield) - Holy Eucharist

**7:00 P.M.** St. Clement's (Champney's West) -  
Evening Prayer

**October 13<sup>th</sup>**

Harvest Thanksgiving (Proper 28) (White)

**11:00 A.M.** St. Andrew's (Trinity East) - Holy  
Eucharist

**7:00 P.M.** St. John The Evangelist  
(New Bonaventure) - Holy Communion

**October 20<sup>th</sup>**

Twenty – second Sunday After Pentecost  
(Proper 29) (Green)

**11:00 A.M.** St. Paul's (Trinity) - Holy  
Eucharist / Holy Baptism

**7:00 P.M.** Christ Church (Port Rexton) -  
Evening Prayer

**October 27<sup>th</sup>**

Twenty – third Sunday After Pentecost  
(Proper 30) (Green)

**11:00 A.M.** St. Clement's (Champney's West)  
- Holy Eucharist

**7:00 P.M.** St. Matthew's (Trouty) - Evening  
Prayer

**NOTE:** Bible Study is offered every  
Thursday Morning @ 10:30 am at the  
Meeting Room at Christ Church, Port  
Rexton. We are looking at "Women of the  
Old Testament". All are welcome to join  
us as we meet together for a time of  
worship and fellowship.

A biodynamic calendar shows us which days are best suited to which task, and which cosmic events require that we 'rest'. Seeds germinate best in the days leading up to a full moon, and should be sown when the moon is descending - by putting down roots, seeds too are descending! Crops, then, are divided into four categories: root, fruit, leaf or flower. The biodynamic calendar marks, for us, which days are best spent on these corresponding crop categories - we hill up spuds on a root day, but never a leaf day, and plant potatoes at apogee - when the moon is furthest from the earth, under a descending moon.

It has taken me many years to wrap my head around all this, and I have many miles to go, but working with the earth and in harmony with the cosmos has brought great healing, and the food I grow is nourishing and delicious. We all need to eat, and when we eat better food we are better able to nourish our bodies - to keep healthy. We empower ourselves towards life and abundance, toward harmony with our surroundings, and a healthier state of mind.

As the active gardening season winds down, I invite you to join me to learn which days are best suited for harvesting the crops we still have growing, which are best for planting garlic and crops for next year, and, in anticipation of the next growing season, to look at crop rotation - mark what we grew, and where, this year, with an eye to planning what best to plant where next growing season. I can show you the different types of beds we've built with our local lumber.

I'll share my resources with you and where to source biodynamic calendars and books which will help you begin to understand this fascinating way of growing organic food successfully. Life on an island called 'the rock' means that much of our food is brought in from afar. I hope that we can grow the soil, the skills, and the will, to provide food security for ourselves, our communities, and the creatures all around us, so that we all thrive. We can also look at preservation methods for the pantry/freezer and how to use all of the harvest - like beet and carrot tops. I'll explain 'no till' gardening - building the soil from above, by adding nutrients, like compost, leaf mold, and kelp, to feed the soil and protect it from erosion. The winter winds are coming and we can lay our beds to a long winter's rest, under cover of evergreen branches - the needles of which will mulch the strawberries and deter the abundant slugs and snails.

If you'd like to join me on this journey into knowing and growing, I invite you to meet me at my aspiring biodynamic garden at Maidment House - 4 Dandy Lane, Trinity, across from the post office on Thursday October 3rd, at 6pm. Or reach out to me. I hope we can grow. Together. Karen



# Trinity Historical Society

## Newsletter, Issue 44

September 2024

R. Coope, J. Morris, Eds.

Trinity Historical Society is pleased to present a series of Author Readings this fall in partnership with Breakwater Books. The next reading will be by Clayton B. Smith, author of *A Seal of Salvage*, and will be presented on September 27<sup>th</sup> at 5:00 pm at the Lester Garland House. Please see our website and The Trinity Bight Enterprise for more details.

In this edition of our Newsletter, we present the story of the sixth of the men who are remembered on the War Monument in Port Rexton.

As always, the THS welcomes application for membership from anyone interested in the objectives and activities of the Society.



Family Tree

Reuben, an ex-member of the Royal Navy Reserve, was a crew member on-board the SS Larchgrove (Merchant Fleet Auxillary) in the fall of 1918. The Larchgrove left Seville, Spain carrying a load of pig iron and was part of a convoy when she was struck amidship and cut in two by the USS Hawaiian off Tangiers, Morocco. She sank in less than a minute with the loss of all but 16 of her crew.



## Reuben Ploughman



**Reuben Ploughman, the son of Mark Ploughman and Mary Ann Penney, was born at Ship Cove on August 8<sup>th</sup>, 1895. He died in the sinking of the SS Larchgrove on October 27<sup>th</sup>, 1918. He was 23.**



Death Location



Port Rexton Cemetery